

Pre K Leadership Team 11/28/18

We began by debriefing the November PD

- Same core group attended
- 16 registered and 12 attended
- Answers to questions about Census forms brought clarity
- Asked about what happens during screening and how providers can help communicate with parents
- Request was made to vary the nights for PD – a suggestion we may consider next year as we design the PD schedule
- The group's thought is to offer PD about the early childhood screening process every 2-3 years – no need to have the same content each year
- At the December PD, build in an opportunity for feedback – what do you want to learn more about?

Then we checked in on homework

- Bring in a resource or 2 related to social emotional learning – ideally with ties to what's "developmentally appropriate" to inform the continuum – Done!
- Try out a nugget from your resources with students and tell the group how it went at our next meeting (this meeting) – Didn't have time to discuss
- Determine which on this list you have connections with that you could take the lead with – See below
 - Get information to doctor's offices - Angie
 - Email blasts to target parent groups
 - Facebook posts (Hastings neighborhood group, Mom's club, MOPS) – Debbie will reach out to her contacts to share dates
 - This group reaching out to collegial groups (non-public centers, center-based programs and home daycares) – each does her part
 - Elementary facebook sites? – Angie will share dates postcard with Deanna
 - Can there be a preK corner on the elementary websites? – longer term (with website development)
 - Updates in eNews – Jenn will put together a blurb
 - Share more information at preschool screening - Angie
 - Partner with YMCA – figure out what we want first, then Kari will follow up. In the meantime, Kari will share PD dates with the Y
 - Article in the newspaper – Mary P will find out who the contact is and if they could attend a part of our ~~December~~ (January) meeting
 - Expo (previously the preschool fair) - Angie
- Angie will ask Samantha to reach out to Johanna with contact information for center-based program leaders – Done!
- Encourage staff to sign up for Debbie's newsletters – Done!
- Angie will send out a digital flyer of PD dates to be shared with contacts – Done!

Questions:

Can a non-parent sign up for the eNews? Yes, we just need to give Deanna their name and email address.

Can the Census be done online? There are discussions at the district office about how this could happen – won't be soon, but is on the radar.

Then we revisited some of our longer term action steps.

Website:

- Jenn will create a team drive in google to curate all the materials and Jenn will add them to the website
- Committee Notes – Jenn
- Checklists – Mary
- Opt in for monthly emails – Debbie's contact information until subscribe button is available
- K Readiness goal – Jenn
- T-Chart sharing how early childhood screening is different than K assessment – Mary and PreK/K group will create (ensure purpose and timing are on the t-chart)
- Video explaining early childhood screening process – Angie will share
- Outline of events in the year before K – Kyle will share last year's document
- Countdown to K – Kyle will share
- Free books until age 5 – imagination library

Newspaper article:

- World's Best Workforce – to understand the bigger picture
- Journey – District group to community group – Celebrate a community coming together
- How to get more information – Debbie's contact information
- Link to Pre K Leadership website and Debbie's site
- Information about Census
- Looking to grow partnerships – if you have ideas, reach out!
- Free books until age 5 – imagination library

Calendar:

- Kellie will talk to United Way
- Kyle will follow up to gather more information about what's needed
- This will be a big topic at our January meeting
- Application due Feb 9 last year, but no new information available for this year

Homework:

- Community Ed will look into having a "Subscribe" button on the website for the Curbside to Go newsletter – Kari will talk to Zena
- Consider what questions we need to ask ourselves in order to be prepared with the calendar proposal – what do we need to consider?

- Angie will share Pre Kat score sheet with team

We talked about what we're doing to support the K readiness goal in our sites:

- Tilden teachers gave the Pre Kat and are using the assessment data to guide instruction and shared information at conferences
- Angie will share Pre Kat score sheet with team
- Pre K -2 team is learning more about foundational skills (particularly phonemic awareness and phonics)
- Observational assessments of students during activities
- On the home daycare FB page, giving ideas or examples for others to try – working on inviting participation

We talked about meeting dates – we'll cancel December and February and plan to meet with newspaper and talk calendar in January

Then we shifted to plan the PD:

Resources:

- Conscious discipline website – free section and a pay section with more indepth subscription
- No Drama discipline resource
- Facts (not sure I spelled that accurately) mental health services
- Lorelei's handout
- Census
- Curbside to go
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Outline:

- I. Have people share their name and their response to the prompt: "By the end of our time together, I will feel like my time was well spent if I walk away with..."
- II. Define social emotional readiness
- III. Invite participants to group up
- IV. Scenario 1: Child and friend want the same toy at the same time. What do you do? Discuss and share with whole group (or a different one that Lorelei brings)
- V. Debbie:
 - 3 Min: (Debbie will demonstrate) **Positive Parenting Discipline Experiential Lesson:** "Do as I Say" Give an explanation of the Mirror Neurons (in the Brain that enable children- and adults- to copy/imitate behavior). "Mirror neurons ensure that the moment someone sees an emotion on your face, they will at once sense that same feeling within themselves." Daniel Stern "We activate mirror neurons through eye contact." (Conscious Discipline Training, Annie Hoff, 2016)
 - 3 Min: **Watch Video: Dr Daniel Siegel presenting a Hand Model of the Brain:**
 - <https://www.youtube.com/watch?v=gm9CIJ74Oxw>
 - 5 Min: **Watch Video: No Drama Discipline in a Nutshell – Dr Tina Bryson:**
 - <https://www.youtube.com/watch?v=l6EFca4DJdc>

- 5 Min: **Group Share – what was important about the video’s we watched?**
- VI. Groups brainstorm scenarios
- VII. Groups work through one scenario each and debrief as a whole group – anyone have a suggestion about how to invite the group to move?
- VIII. Share one-pager
- IX. Activity – Kellie will lead a game/ activity related to SEL if time permits
- X. Share resources
- XI. If time permits, have people reflect on their opening prompt and check in – did they meet their goal. If not, what additional support could they use?

Kellie volunteered to take notes.